

SUPPORT PLAN FOR WORK OF VOLUNTEERS ON HEALTH AND SOCIAL CARE PROJECTS IN CAMBODIA 2020-2021

This plan describes ways in which volunteers can help this project to develop their aims and goals.

Comments are based on the work of volunteers during the period up to December 2019, and are derived from questionnaires completed by the projects and reports written by the volunteers. New aims and actions, if any, are shown in green and these have been identified from requests made by the projects or have arisen from the work done by volunteers.

AIMS	ACTIONS AND COMMENTS
<p>1. To work alongside local people and begin to transfer skills and expertise</p>	<ul style="list-style-type: none"> • Doctors, dentists and nurse practitioners who volunteer with The Lake Clinic will participate in case reviews and make observations about patients they have seen. • Therapists will share their treatment methods with local staff as they work alongside each other, helping them to broaden their knowledge and understanding • Alternative therapists who volunteer at Purple Mango could run workshops and/or work alongside local staff to provide training in their particular method, and in this way enhance the future employment prospects of the people they are training • Volunteers working on a community project to provide basic health care could help to plan workshops on various aspects of health, providing training opportunities both for the person they work alongside and the members of the local community who attend the workshop
<p>2. To help develop the range of treatments offered and knowledge available to local people</p>	<ul style="list-style-type: none"> • Alternative therapists could introduce a wider range of therapies on offer to local people, thereby widening the customer base and providing additional income • Volunteers with expertise in nutrition could help local staff to raise awareness of issues of health and nutrition through practical demonstrations and workshops

people and places: responsible volunteering

- Volunteers with expertise in drug and/or alcohol abuse could help to provide education on these issues to local communities
- Therapists will make suggestions to the person they are working alongside for new exercises and treatments for patients if and when appropriate, and so enhance the range of exercises they are able to offer.

Reviewed October 2019